



NOTE: When you train at Greta's Gym, you will be required to change your shoes before entering the gym. You will change into "gym shoes". Gym shoes are any shoes you carry in with you—not worn in from the outside. They don't need to be shoes NEVER worn outside—just clean, dry and no sharp bottoms that you bring with you. This will ensure our gym floor stays in the best condition possible for you and your dog's training needs! You WILL NOT be allowed to enter the gym in stocking or bare feet, for health and safety reasons.

Thank you in advance for your cooperation!



Classes offered at Greta's Gym

Gym Location: 5581 Nichols Avenue, Mountain Iron, MN
 Mailing Address: PO Box 1245, Virginia, MN 55792-1245
 Phone: 218-748-6789
 Website: www.gretasgym.com

REMEMBER!

When you take **ANY** class from Greta's Gym, you can purchase **8 (eight) hours of Open Gym time for the price of 4 (four)!** (A \$128.30 value for \$64.15)
 Use the time to practice what you've learned in class!

NOTE: Card **MUST** be purchased **WHILE** you are enrolled in a class.



Take 2 (two) or more classes—during the same session—and receive a 10% discount!



To maximize your training experience, classes will be limited to 12 handler/dog teams!

Check our calendar, at www.gretasgym.com, for class day, time and other upcoming events. Please remember: your spot is reserved **ONLY** after we have received your **FULL** payment and a copy of your dog's Rabies and DHP-PV or Titer record from your veterinarian.



Greta's Gym Classes are designed to help you and your dog achieve the goals you are working toward! The techniques we embrace are practiced and proven by the very best dog handlers in the country. Come join our program today and you will become one of Greta's All Stars in no time!

Our instructors have achieved the highest titles available in their dog sports, which makes them the **MOST QUALIFIED** in our area to be teaching you and your dogs!

For more information about Greta's Gym, check out our website: www.gretasgym.com!

Class Title/Fee	Pre-Requisite	Description	Class Duration
Agility Classes			
Agility 101 \$ 100	Dog must be at least 3 months old.	The class will include some basic obedience skills that we feel are required to be successful on an agility course. This class is designed to aid you and your new agility teammate to build a strong working relationship! We will work on creating a strong play drive. You and your dog will be exposed to “operant conditioning”. To help aid your dog on focus training, we will play “crate games”. We will also introduce your dog to end contacts and agility groundwork.	8 weeks 1 hour per week
Intro to Agility \$ 100	Acquired the skills in Agility 101.	The dog/handlers teams will be exposed to all agility equipment and will continue to work on the progression of “contact training”. We will begin some initial “sequencing” of jumps/obstacles.	8 weeks 1 hour per week
Advanced Agility \$ 125	Acquired the skills in Intro to Agility.	The dog/handlers teams will be expected to be completing all contact obstacles and weave poles successfully. We will continue to work on sequencing and advanced skills.	8 weeks 1 1/2 hours per week
Competition Agility \$ 125	Acquired the skills in Advanced Agility.	The dog/handler teams will be working on competition level course work and distance skills. These handler dog teams should be competing and working on their own individual agility goals, titles, etc.	8 weeks 1 1/2 hours per week
Obedience Classes			
Junior Jump Start \$90	For dogs older than 6 months of age.	This class is geared toward the junior handler. Children ages 8 through 13 will cover basic obedience skills, with their canine companion. This program will help the dog and handler strengthen their relationship and explore other dog sports available to them along the way!	8 weeks 1 hour per week
Puppy Pre-School \$90	For dogs 12 weeks to 6 months of age.	Class will focus on socialization with humans and other canines. We will start with basic manners to get your puppy started right! There will be discussions on different aspects involved with owning a puppy and how to successfully raise a well-rounded canine. This class will help you learn the concept of training; preparing you and your puppy for additional classes offered here at Greta’s Gym!	8 weeks 1 hour per week
Primary School \$90	For dogs older than 6 months of age.	Class will cover the basic commands such as: sit, down, stay and come. Dogs will learn to walk on a lead, as well as work on household manners and everyday good behavior. Each week we will have a different confidence builder, to help the dogs learn, trust and boost their self confidence. Commands are taught in a way that solidifies the behaviors so the dog can consistently achieve success. Building a solid foundation within this class will make future training easier.	8 weeks 1 hour per week
Secondary School \$90	Acquired the skills in Primary School.	We will build on the reliability of all basic commands and introduce off-leash work. All skills will be proofed and made more challenging, in variety of ways, to ensure the dog’s success in any situation. Confidence building skills will continue and become more challenging. After completing this class, dogs will be reliable in a variety of situations and environments with all basic commands.	8 weeks 1 hour per week
K9 University \$90	Acquired the skills in Secondary School.	This class will focus on total off-leash control. All skills will be challenged in a controlled off-leash setting, to make reliability and distance even greater. Confidence building skills will be increased and done off-leash. The dogs will be taught some AKC Rally and Competition maneuvers, as well. Those not interested in competition could continue in this class indefinitely.	8 weeks 1 hour per week
Master’s Competition \$90	Acquired the skills in K9 University.	This class will be geared toward those interested in competing and we will cover every aspect of competition. We will cover rules and regulations, as well as focus on all skills needed to form a well-balanced team. We will work on AKC Obedience skills, along with all Rally skills needed to be prepared for trials.	8 weeks 1 hour per week
Rally \$90	Referred by obedience instructor	This is a fun way to break into the competition world with little or no pressure. In this class we will discuss each sign, at every level, and learn how to properly negotiate a Rally Course. This class is for all levels of Rally.	8 weeks 1 hour per week
Obedience Study Hall Included with class fee!	For those currently enrolled in ANY Obedience Class	Come and practice what you’re learning in your Obedience Class! (Note: You can only attend Study Hall the night of your class—come early or stay late!)	1/2 hour per week



Please note: Our training programs are “skills based”. This means that you and your dog must have the skills required in order to advance to the next level. Just because you have been “in a class” does not gain you access to the next level.

